

A meeting of the “Zhas Koshbasshy” club of the Department of Physical Education was held

The Department of Physical Education at Shymkent University held another meeting of the “Zhas Koshbasshy” student club.

During the meeting, students discussed the role of physical education as a scientific discipline and the socio-economic importance of sports and wellness complexes.

Topics presented:

- “Physical Education — Science, Production, and Socio-Economic Functions”
- “The Importance of Physical Education for Human Health”

The event expanded students’ scientific outlook and increased their engagement in health and sports activities.

